

## COST Meeting – 20-25 October 2014-Important Tips

### Location: Estoril, Portugal

#### How to arrive?

From **Lisbon Airport** get the Metro to **Cais do Sodré** Train Station (you have to change in the metro station **Alameda**) – it takes about 35 minutes (check the website <http://www.metrolisboa.pt/eng/>)

In **Cais do Sodré** take the train to **Estoril Station** (Cascais Line) – it takes about 30 minutes (check the website

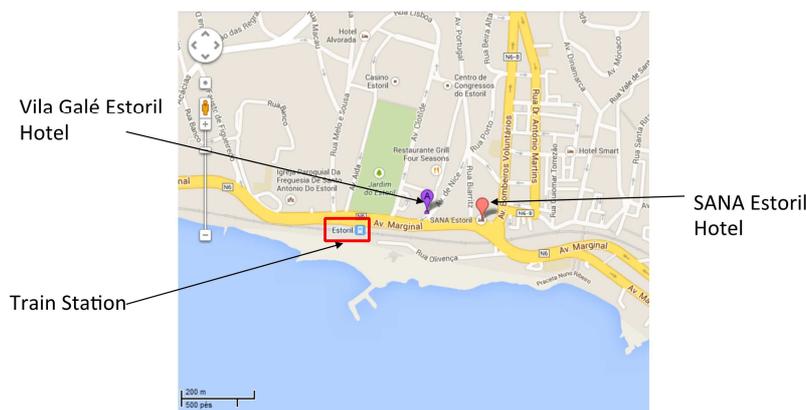
<http://www.cp.pt/cp/displayPage.do?vgnextoid=87cbd5abe2a74010VgnVCM1000007b01a8c0RCRD> *If the hyperlink doesn't work copy hyperlink address to your browser*)

#### One ticket for metro and train:

In the metro station of the airport you can acquire a ticket that can be used to the metro and the train to Estoril. These cards can be purchased and loaded directly from the Ticket Vending Machines and Ticket Offices. The ticket costs 0,50 euros and can be loaded with fixed amounts between 2 and 15 euros. One travel in the metro costs 1,25 euros (Airport to Cais do Sodré) and for the train travel it costs 1,80 euros (Cais do Sodré to Estoril). Thus to arrive to Estoril you need to charge the card at least with 5 euros. Choose the Zapping mode. **Note:** the Automatic Ticket Vending Machines only accept cash money (coins and notes of 5, 10 and 20 euros).

#### Where the meeting will take place?

The meetings will be in two Hotels, **SANA Estoril** and **Vila Galé Estoril**. When you arrive to the train station of Estoril, you just have to cross the road and the two hotels are just about 200 m from each other (see the map below).



#### How to make hotel reservations?

We have taken an option for rooms at the SANA hotel, where we get a special rate (single room: 55 euros; twin room 60 euros, *i.e.* 30 euros per person; including breakfast). **Note:** daily accommodation rate to be reimbursed by the COST Action is 60 euros. Please indicate your room preferences in the Google Docs sheet:

<https://docs.google.com/spreadsheets/d/1ADptY107DuVPwFq2vylPpqj2ElrVBl8jE54Tc-h6CcU/edit#gid=0>

When the SANA Estoril Hotel is fully booked we will send information on two nearby hotels (Hotel Vila Galé and Hotel Inglaterra)

## What-When-Where?- organisation during the meeting:

### Meeting rooms:

- SANA Estoril Hotel: plenary meetings, two small meeting rooms, coffee breaks, lunch
- Vila Galé Estoril: three small meeting rooms, coffee breaks

### Meeting Schedule:

	20	21		22	23	24	25	
	Monday	Tuesday		Wednesday	Thursday	Friday	Saturday	
	Workshop	Workshop		COST Meeting	COST Meeting	Workshop	Workshop	
Morning	TG2	TG2	TG3	TG9	Plenary sessions Topic group meetings 2	Excursion	TG5	TG7
Afternoon	TG2	TG6	TG3	TG9	Topic group meetings 1 ESRs meeting	TG8	TG5	TG5
Evening	Free dinner	TG Leaders + SC Meeting		Conference dinner	Free dinner	Free dinner	Free dinner	

### Distribution of the meetings between the two Hotels:

#### SANA Estoril Hotel

	20	21		22	23	24	25	
	Monday	Tuesday		Wednesday	Thursday	Friday	Saturday	
	Workshop	Workshop		COST Meeting	COST Meeting	Workshop	Workshop	
Morning	SANA - Alekhine	SANA - Alekhine	TG3	TG9	SANA - Alekhine+Biarritz	Excursion	SANA - Alekhine	SANA - Biarritz
Afternoon	SANA - Alekhine	SANA - Alekhine	TG3	TG9	SANA - Alekhine & Biarritz SANA - Alekhine	Working group meetings SANA - Biarritz	SANA - Alekhine	SANA - Alekhine
Evening	Free dinner	SANA - Alekhine		Conference dinner	Free dinner	Free dinner	Free dinner	

#### Vila Galé Estoril

	20	21		22	23	24	25		
	Monday	Tuesday		Wednesday	Thursday	Friday	Saturday		
	Workshop	Workshop		COST Meeting	COST Meeting	Workshop	Workshop		
Morning	TG2	TG2	Vila Galé - Vilamoura	Vila Galé - Albufeira	Plenary sessions	Armação de Pêra, Vilamoura, Albufeira	Excursion	TG5	TG7
Afternoon	TG2	TG6	Vila Galé - Vilamoura	Vila Galé Albufeira	Armação de Pêra, Vilamoura, Albufeira ESRs meeting	Armação de Pêra, Vilamoura, Albufeira Plenary sessions MC Meeting	TG8	TG5	TG5
Evening	Free dinner	TG Leaders + SC Meeting		Conference dinner	Free dinner	Free dinner	Free dinner		

### Conference dinner:

Still in negotiation but one possibility is “Restaurante Casa Velha” in Cascais (<http://www.casavelha.eu/>) at walking distance from Estoril (about 30 minutes) and also reachable by train (about 10 minutes).

### See more of Portugal's fantastic landscape?

### Excursion:

We will visit ‘Companhia das Lezírias’, founded in 1836, and one of the largest agriculture, cattle and forest farmstead in Portugal, wholly owned by public funds. With over 6,000 hectares, ‘Companhia das Lezírias’ has one of the largest cork oak plantations in one single location. Alongside the environmental importance of cork oak, its economic value is also extremely relevant to ‘Companhia das Lezírias’ because of the profit that it creates, mainly through the production of cork. For more information, check the website of ‘Companhia das Lezírias’ <http://www.cl.pt/htmls/en/home.shtml>

The excursion will be on the 24<sup>th</sup> of October (Friday) from 9h30 to 14h30. 'Companhia das Lezírias' is ca. 70km from Estoril and the bus trip will take about one hour. We will have a short presentation of 'Companhia das Lezírias', and a walk of ca. one hour in the cork forest. Researchers from the Agronomy Institute of the University of Lisbon will present the scientific projects currently running in 'Companhia das Lezírias'. If the weather allows, the idea is to have a picnic in 'Companhia das Lezírias' (work in progress!), otherwise in a restaurant nearby.

**Note: The excursion is at your own expenses** and will be 20 euros maximum (including travel costs and a lunch).

## **IMPORTANT**

Please start filling the Google Doc sheet as soon as possible, specially concerning the booking of the rooms in SANA Estoril Hotel - "**First---come, first-served.(FCFS)**"!!

<https://docs.google.com/spreadsheets/d/1ADptY1O7DuVPwFq2vylPpqj2EIrVBl8jE54Tc-h6CcU/edit#gid=0>

It is also important to have an idea of the number of people that want to join the excursion to 'Companhia das Lezírias' to know how many buses we need to order.

## **CONTACTS**

If you have any doubts or questions, please contact the local organizers.

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